

Words of Light and Hope from Fran Neale (AWA)

This prayer was attributed to **Sir Francis Drake** but seems just as appropriate now as it was in the 16th Century.

Disturb us, Lord, when
We are too pleased with ourselves,
When our dreams have come true
Because we have dreamed too little,
When we arrived safely
Because we sailed too close to the shore.

Disturb us, Lord, when
With the abundance of things we possess
We have lost our thirst
For the waters of life;
Having fallen in love with life,
We have ceased to dream of eternity
And in our efforts to build a new earth,
We have allowed our vision
Of the new Heaven to dim.

Disturb us, Lord, to dare more boldly,
To venture on wilder seas
Where storms will show your mastery;
Where losing sight of land
We shall find the stars.

We ask You to push back
The horizons of our hopes;
And to push us into the future
In strength, courage, hope, and love.
For Christ's sake. Amen

I love this verse from a hymn by **George Matheson**.

Each sees one colour of thy rainbow light,
Each looks upon one tint and calls it heaven;
Thou art the fulness of our partial sight;
We are not perfect till we find the seven;
Gather us in.



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Pew Notes

- **Today!** Sunday 2nd July— **Attlebridge Annual Garden Party** at Ashtree Farm, Station Road, Attlebridge, 12.30 to 3.30pm - Open Gardens, refreshments and BBQ. Entry £5 includes tea, coffee or squash and a hot dog, burger or veggie burger. Cakes stall and tombola to raise funds for St Andrew's Church.
- Saturday 8th July— **The Tarantara Choir: A Choir to Suit All Tastes**, 7.30pm at St Peter and St Paul's, Salle. Tickets: £16, Under 14s £8— available from Very Nice Things and the Farm Shop in Reepham, Bawdeswell Garden Centre or online: www.reephamrotary.org.uk/concert.
- Sunday 23rd July— **Twelfth Night - outdoor performance** from 2pm at By-laugh Hall. Tickets £17 in advance only from www.ticketsource.co.uk
- Sunday 30th July— **Whole Benefice Service and Picnic at St Mary's, Bylaugh** — Bring your own picnic and rug / chair and enjoy the beautiful surroundings after the service.

Services for next week: Sunday 9th July — Fifth Sunday after Trinity

9am	Holy Communion (BCP)	St Mary's, Bylaugh
9am	Holy Communion	St Andrew's, Thurning
10.30am	Holy Communion	St Mary's, Gt Witchingham
10.30am	Word and Praise	St Margret's, Lyng
10.30am	Holy Communion	St Mary's, Reepham

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com (Sunday only)

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)
judith.sweetman@btinternet.com

The Rev'd. Richard Turk, 07721 035009 revdrichardrwv@gmail.com

Email parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

If you have any safeguarding concerns, please contact your Parish Safeguarding Officer.
Details in the church porch or on the RWV website.

Readings for 2nd July— Fourth Sunday after Trinity

Genesis 22: 1-24 After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, 'Father!' And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?' Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place 'The Lord will provide'; as it is said to this day, 'On the mount of the Lord it shall be provided.' The angel of

the Lord called to Abraham a second time from heaven, and said, 'By myself I have sworn, says the Lord: Because you have done this, and have not withheld your son, your only son, I will indeed bless you, and I will make your offspring as numerous as the stars of heaven and as the sand that is on the seashore. And your offspring shall possess the gate of their enemies, and by your offspring shall all the nations of the earth gain blessing for themselves, because you have obeyed my voice.' So Abraham returned to his young men, and they arose and went together to Beer-sheba; and Abraham lived at Beer-sheba. Now after these things it was told Abraham, 'Milcah also has borne children, to your brother Nahor: Uz the firstborn, Buz his brother, Kemuel the father of Aram, Chesed, Hazo, Pildash, Jidlaph, and Bethuel.' Bethuel became the father of Rebekah. These eight Milcah bore to Nahor, Abraham's brother. Moreover, his concubine, whose name was Reumah, bore Tebah, Gaham, Tahash, and Maacah.

Psalms 13 Usquequo, Domine?

- 1 How long, O LORD?
will you forget me for ever? *
how long will you hide your face from me?
- 2 How long shall I have perplexity in my mind,
and grief in my heart, day after day? *
how long shall my enemy triumph over me?
- 3 Look upon me and answer me, O LORD my God; *
give light to my eyes, lest I sleep in death;
- 4 Lest my enemy say, "I have prevailed over him," *
and my foes rejoice that I have fallen.
- 5 But I put my trust in your mercy; *
my heart is joyful because of your saving help.
- 6 I will sing to the LORD, for he has dealt with me
richly; *
I will praise the Name of the Lord Most High.

Romans 6:12-end Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey

their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Matthew 10:40-end Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.'