

Words of Light and Hope from Tony Hawes

You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven.

Matthew 5.14-16

Do not be dismayed by the brokenness in the world. All things break. And all things can be mended. Not with time, as they say, but with intention. So go.....Love intentionally, extravagantly, unconditionally. The broken world waits in the darkness for the light that is you.

L.R.Knost (Clergy Coaching Network)

When I was in a dark cell for most of the time, a little beam of light would sometimes come through the shutters and illuminate the room. I would say to myself, "Light is

stronger than darkness. I must always keep hoping."

Terry Waite

Some days you will be the light for others, and some days you will need some light from them.

As long as there is light, there is hope, and there is a way.

Unknown

An Evening Prayer

Lighten our darkness, we beseech thee, O Lord;
and by thy great mercy defend us from the perils and dangers of this night;
for the love of thy only Son,
our Saviour Jesus Christ. Amen.

Book of Common Prayer

A Blessing

The Lord bless you and keep you;
The Lord make His face shine upon you,
and be gracious to you;
The Lord lift up His countenance upon you, and give you peace. Amen.

Numbers 6.24-26

Norfolk Churches Trust Sponsored Bike Ride Saturday 9th September, 9am to 5pm—Spend a day in the Norfolk countryside, peddling, walking or driving between chapels and churches and help raise money for your chosen church. See www.norfolkchurchestrust.org.uk for more information.

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REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Pew Notes

- Sunday 3rd September, 4pm **Songs with Cider** at The Rectory, Lyng
- Sunday 3rd September, 10.30am—**Harvest themed OASIS**, St Mary's, Sparham
- Sunday 10th September, 9am-11am **Attlebridge Art and Produce Show**. Entries to be submitted in the morning— return at 3pm for a tea party and results. All welcome!
- Sunday 10th September, 10.30am— **Harvest Service**, St Mary's, Gt Witchingham
- Saturday 16th September, 2-4pm **Exploring Prayer with "Why Pray?"** by **Denise Triessman** at St Michael's, Reepham
- Sunday 17th September, 10.30am—**Harvest Service, St Andrew's**, Attlebridge
- Sunday 17th September, 4pm— Wood Dalling **Harvest Afternoon Tea** (venue TBC)
- Sunday 24th September, 10.30am—Harvest Service, St Mary's, Reepham
- Sunday 1st October, 4pm—Tea and Tents, The Rectory, Lyng

Services for next week: Sunday 27th August — (Twelfth Sunday after Trinity)

9am	Matins	St Andrew's, Thurning
9am	Matins (BCP)	St Mary's, Bylaugh
10.30am	Holy Communion	St Mary's, Reepham
10.30am	Word and Praise	St Mary's, Elsing
10.30am	Holy Communion	St Mary's, Sparham
10.30am	Harvest Service followed by a picnic	St Margaret's, Swannington

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com (Sunday only)

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)
judith.sweetman@btinternet.com

The Rev'd. Richard Turk, 07721 035009 revdrichardrwv@gmail.com

Email parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

If you have any safeguarding concerns, please contact your Parish Safeguarding Officer.
Details in the church porch or on the RWV website.

Genesis 45:1-15

Then Joseph could no longer control himself before all those who stood by him, and he cried out, 'Send everyone away from me.' So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, 'I am Joseph. Is my father still alive?' But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, 'Come closer to me.' And they came closer. He said, 'I am your brother Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither ploughing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, "Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty." And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honoured in Egypt, and all that you have seen. Hurry and bring my father down

here.' Then he fell upon his brother Benjamin's neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Psalm 133 *Ecce, quam bonum!*

- 1 Oh, how good and pleasant it is, *
when brethren live together in unity!
- 2 It is like fine oil upon the head *
that runs down upon the beard,
- 3 Upon the beard of Aaron, *
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon *
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: *
life for evermore.

Romans 11: 1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. for the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Matthew 15:[10-20]21-28

[Then he called the crowd to him and said to them,

'Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.' Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?' He answered, 'Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.' But Peter said to him, 'Explain this parable to us.' Then he said, 'Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile.']

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' He answered, 'I was sent only to the lost sheep of the house of Israel.' But she came and knelt before him, saying, 'Lord, help me.' He answered, 'It is not fair to take the children's food and throw it to the dogs.' She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.