

**Words of Light and Hope**  
**from Tony Hawes**  
**Candlemas**

Arise, shine, for your light has come:  
the glory of the Lord has risen upon  
you.  
Though night still covers the earth:  
and darkness the peoples,  
Above you the Lord now rises:  
and above you his glory appears.  
The nations will come to your light:  
and kings to your dawning brightness.

*Isaiah 60.*

Christ is the Morning Star  
who, when the night of this world is  
past,  
brings to his saints the promise of the  
Light of life  
and opens everlasting day.

*Venerable Bede.*

The Sun that never sets has risen  
and the world is filled with splendour  
by the light of the Lord.  
Light from light, we glorify you.

*Orthodox liturgy.*

**The Song of Simeon.**

Lord, now lettest thou thy servant  
depart in peace:  
according to thy word.  
For mine eyes have seen thy  
salvation:  
which thou hast prepared before the  
face of all people;  
To be a light to lighten the Gentiles;  
and to be the glory of thy people  
Israel.

*Luke 2.29-32.*

Kindle, O Lord, in our hearts, we pray,  
the flame of that love which never  
ceases,  
that it may burn in us and give light to  
others.

May we shine for ever in your temple,  
set on fire with that eternal light of  
yours  
which puts to flight the darkness of  
this world;  
in the name of Jesus Christ your Son  
our Lord.

*St. Columba.*

**Pauses in Lent** Join us we delve a little deeper into the Book Of Ruth and the messages it gives us about how God cares for us and how we can care for one another. There will be 6 sessions from **2pm in St Michael's, Reepham on Saturdays** starting from **25th February and concluding on 1st April**. Everyone is welcome to join us for these free, contemplative sessions.

**Bible Study Group for Lent** The Book of Ruth is also the focus of a Bible study group with Rev'd Peter Halls on **Wednesdays at 2.30pm** at 1 Church Farm Close, **Weston Longville**. The group starts on Wednesday 1st March and concludes on Wednesday 29th March. Everyone is welcome, please contact Peter for more details 01603 880835



REEPHAM & WENSUM VALLEY  
TEAM CHURCHES

# Pew Notes

Beginner and existing bellringers are welcome to join our practices in Lyng and Reepham as we work towards ringing for the King's coronation in May. Bellringing practices are on Fridays (1st and 3rd in Reepham and 2nd and 4th in Lyng) from 6pm to 7.30pm. If you would like to give it a try, please contact Rev'd Richard on 07721 035 009 or email [Revdrichardrwv@gmail.com](mailto:Revdrichardrwv@gmail.com).

**Study and Discussion Group for Lent**, starting on **Monday 20th February** from 7pm to 8.45pm at 39 Bircham Road, Reepham. Join us each Monday evening in Lent as we study and discuss **"Failure : What Jesus Said About Sin, Mistakes and Messing Stuff Up"** by Bishop Emma Ineson.

Please contact Sue Page ( [sue.gislingham@gmail.com](mailto:sue.gislingham@gmail.com) ) if you would like to join the group or to order a copy of the book.

**Next Week's Service:** Sunday 5th February — Presentation of Christ

|         |                      |                               |
|---------|----------------------|-------------------------------|
| 9am     | Holy Communion (BCP) | St Peter and St Paul, Salle   |
| 10.30am | Holy Communion       | All Saints', Weston Longville |
| 10.30am | Morning Worship      | St Michael's, Reepham         |
| 10.30am | OASIS                | St Mary's, Sparham            |
| 10.30am | Holy Communion       | St Mary's, Elsing             |

**The Rev'd. Helen Rengert**, 01603 879275 [revdhelenrwv@gmail.com](mailto:revdhelenrwv@gmail.com)

**The Rev'd. Keith Rengert**, 01603 879275 [revdkeith@gmail.com](mailto:revdkeith@gmail.com) (Sunday only)

**The Rev'd. Judith Sweetman**, 07484862962 (Friday to Sunday)

[judith.sweetman@btinternet.com](mailto:judith.sweetman@btinternet.com)

**The Rev'd. Richard Turk**, 07721 035009 [revdrichardrwv@gmail.com](mailto:revdrichardrwv@gmail.com)

Email [parishofficerwv@gmail.com](mailto:parishofficerwv@gmail.com) to submit articles or join the mailing list.

**FACEBOOK:** Reepham & Wensum Valley Events

**WEBSITE:** [www.reepham-and-wensum-valley-team-churches.org.uk](http://www.reepham-and-wensum-valley-team-churches.org.uk)

Pew Notes are available to download from the RWV website and the E-newsletter

**If you have any safeguarding concerns, please contact your Parish Safeguarding Officer. Details in the church porch or on the RWV website.**

**Readings for 29th January**  
**Presentation of Christ**

**Malachi 3:1-5**

Thus says the Lord, See, I am sending my messenger to prepare the way before me, and the Lord whom you seek will suddenly come to his temple. The messenger of the covenant in whom you delight-- indeed, he is coming, says the LORD of hosts. But who can endure the day of his coming, and who can stand when he appears?

For he is like a refiner's fire and like fullers' soap; he will sit as a refiner and purifier of silver, and he will purify the descendants of Levi and refine them like gold and silver, until they present offerings to the LORD in righteousness. Then the offering of Judah and Jerusalem will be pleasing to the LORD as in the days of old and as in former years. Then I will draw near to you for judgement; I will be swift to bear witness against the sorcerers, against the adulterers, against those who swear falsely, against those who oppress the hired workers in their wages, the widow, and the orphan, against those who thrust aside the alien, and do not fear me, says the Lord of hosts.

**Psalms 24:7-10**

Domini est terra

7 Lift up your heads, O gates; lift them high, O everlasting doors; \*

and the King of glory shall come in.

8 "Who is this King of glory?" \*

"The LORD, strong and mighty, the LORD, mighty in battle."

9 Lift up your heads, O gates; lift them high, O everlasting doors; \*

and the King of glory shall come in.

10 "Who is he, this King of glory?" \*

"The LORD of hosts, he is the King of glory."

**Hebrews 2:14-18**

Since God's children share flesh and blood, Jesus himself likewise shared the same things, so that through death he might destroy the one who has the power of death, that is, the devil, and free those who all their lives were held in slavery by the fear of death. For it is clear that he did not come to help angels, but the descendants of Abraham. Therefore he had to become like his brothers and sisters in every respect, so that he might be a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. Because he himself was tested by what he suffered, he is able to help those who are being tested.

**Luke 2:22-40**

When the time came for their purification according to the law of Moses, the parents of Jesus brought him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, "Every firstborn male shall be designated as holy to the Lord"), and they offered a sacrifice according to what is stated in the law of the Lord, "a pair of turtledoves or two young pigeons."

Now there was a man in Jerusalem whose name was Simeon; this man was righteous and devout, looking forward to the consolation of Israel, and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Messiah. Guided by the Spirit, Simeon came into the temple; and when the parents

brought in the child Jesus, to do for him what was customary under the law, Simeon took him in his arms and praised God, saying,

"Master, now you are dismissing your servant in peace, according to your word; for my eyes have seen your salvation, which you have prepared in the presence of all peoples, a light for revelation to the Gentiles and for glory to your people Israel."

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, "This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed-- and a sword will pierce your own soul too."

There was also a prophet, Anna the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband seven years after her marriage, then as a widow to the age of eighty-four. She never left the temple but worshiped there with fasting and prayer night and day. At that moment she came, and began to praise God and to speak about the child to all who were looking for the redemption of Jerusalem.

When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favour of God was upon him.