

**Words of Light and Hope
from Tony Hawes.**

*In quietness and trust shall be your
strength.*

Isaiah 30.15.

Let us take into the silence the glow of autumn days, let them become the spark that burns within each one of us. Let that spark grow into a flame of love. Let that blazing love fill us with awareness, kindness and understanding. Eternal flame, may your radiant glow remain with us as the days grow shorter.

Like the autumn leaves we are invited to let go,
to resist the desire to cling and hang on to our securities.

Listen to autumn's invitation to slow down, to walk among dying leaves, and let them speak to us of the call to continue our inner transformation. May we be open to the teachings of autumn, to surrender and rest in God.

As the year makes its mad dash towards the festive season let us savour the October mists, the watery sunshine, the glinting frosts and the long shadows

of shortening days.

Let us enter the stillness and silent mystery of God's gift of maturity with patience, resting and trusting as God invites us to become our true selves.

As autumn turns to winter we can sense a change in the coolness of the breeze. This time of transition belongs to more than just the earth. Inside of us there are also quiet changes sending us their signals to let go.

Frost shakes the warmth out of autumn weather and shapes itself into the first lines of winter.

We see the signs of future cold and emptiness, knowing full well that our hearts are not immune to this seasonal direction.

We are autumn people. We are always called to be in the process of growing and changing. May our minds and hearts be open to this inner season which is part of us.

May we trust you, Autumn God, who calls us to grow. May we find hope as we enter willingly into the dying that is needed for our transformation.

The Julian Meetings & Joyce Rupp.

Reepham Parochial Church Council is seeking a suitable person to take over from the retiring Honorary Treasurer on 1st January 2023. The role includes:

- running of the day to day finances of the PCC
- record keeping
- production of an annual budget
- reporting to the PCC five times a year
- producing the Annual Accounts for independent examination

To find out more, please contact David Richmond: richmond.42rr@btinternet.com
Tel. no. 01603 871000



Pew Notes

Autumn Study & Discussion Group 2022

Gathering on Six Monday Evenings, 7.15pm to 8.45pm at 39 Bircham Road, Reepham to discuss "Humbler Faith, Bigger God" by Samuel Wells.

The programme is as follows: **October 24** - Introduction, **October 31** - Crutch for the Deluded?, **November 7** - Drug for the Poor?, **November 14** - Perpetrator of Terrible Harm?, **November 21** - Arrogant Narcissism?, **November 27** - Cruel Fantasy?

Copies of the book are available through Aslan books or Revelation Book Shop Norwich. For more information or to confirm you place, please contact Sue Page 01603 870886 or email sue.gislingham@gmail.com.

In Memory Service We will be holding special services to remember with love and thanksgiving, those loved ones who have died in recent years. Join us at 3pm in St Mary's, Reepham on Sunday 30th October and 6.30pm on Wednesday 3rd November at St Margaret's, Lyng.

Services for Next Week— Sunday 23rd October (Nineteenth Sunday after Trinity)

9am	Bylaugh	Matins (BCP)
9am	Thurning	Matins
10.30am	Elsing	Word and Praise
10.30am	Sparham	Informal Holy Communion
10.30am	Swannington	Holy Communion
10.00am	Reepham	Holy Communion

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)
judith.sweetman@btinternet.com

The Rev'd. Richard Turk, 07721 035009 revdrichardrwv@gmail.com

Email parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

**If you have any safeguarding concerns, please contact your Parish
Safeguarding Officer. Details in the church porch or on the RWV website.**

**Readings for Sunday 16th October
(Eighteenth Sunday after Trinity)**

Genesis 32:22-31

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip. (NRSVA)

Psalms 121

Levavi oculos

- 1 I lift up my eyes to the hills; *
from where is my help to come?
2 My help comes from the LORD, *
the maker of heaven and earth.
3 He will not let your foot be moved *
and he who watches over you will not fall

asleep.

- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
5 The LORD himself watches over you; *
the LORD is your shade at your right hand,
6 So that the sun shall not strike you by day, *
nor the moon by night.
7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.
8 The LORD shall watch over your going out and
your coming in, *
from this time forth for evermore.

2 Timothy 3:14-4:5

As for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work. In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message; be persistent whether the time is favorable or unfavorable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths.

As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully. (NRSVA)

Luke 18:1-8

Jesus told his disciples a parable about their need to pray always and not to lose heart. He said, "In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, 'Grant me justice against my opponent.' For a while he refused; but later he said to himself, 'Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.'" And the Lord said, "Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?" (NRSVA)