



Wonder On Wednesdays

Our weekly discussion group for those who wish to dig a little deeper into topics around Christianity.

Wednesday via Zoom from 7pm to 8pm.

Zoom meeting ID: 836 9720 0393

Password: 102113

We are continuing with **The Prayer Course** during our WoW Zoom Group. Our next session "Listening" looks at practical ways we can tune in to hear God's voice.

Our final session is on **Wednesday 2nd February** and looks at "Spiritual Warfare". Previous sessions can be viewed on the website www.prayercourse.org/sessions if you would like to catch up.

Thursday 10th February—We hope* to meet up for our monthly Thursday Zoom Social in St Michaels for food, friendship and discussion. Everyone is welcome to join us from 7pm.

Zoom Dial-in numbers (to join by telephone): 0131 460 1196 / 0203 051 2874 0203 481 5237 / 0203 481 5240 *Dial-in calls cost between 2p-10p per minute depending on your provider, mobiles may be more. Please check before calling.*

**As ever, in these changeable times, we may need to cancel or postpone services and events. Please check the website for up to date information.*

There will be some live music at **Reepham Methodist Chapel** on Tuesday **25th January at 3pm**. Join Sarah Bird (flute) and Michael Price (piano) for a half hour of live music, as part of the "**Music for Quiet Times**" series.

There has been so little live music during the pandemic and the series hopes to encourage us all to come together for a short time to listen to music and enjoy refreshments together afterwards. Admission is free, no ticket required. Covid safety measures are in place, including social distancing and face masks/coverings to be worn inside. Everyone is welcome.



Pew Notes

Sunday 23rd January (Third Sunday of Epiphany)

9am	Bylaugh	Matins
10.30am	Reepham	Holy Communion
10.30am	Swannington	Holy Communion
10.30am	Sparham	Informal Holy Communion
10.30am	Elsing	Word and Praise

SAVE THE DATE: We will be holding our Whole Benefice APCM on Wednesday 27th April at 7pm.

We are looking for 2 volunteers to be **Safeguarding Officers** for the "Wensum" group of churches and also the "BLES" group. Training will be given for this important role which ensures that we do all we can to protect those who are vulnerable within our communities. The work is mainly based online, so basic IT skills would be beneficial. Please speak to Rev'd Helen for details.

Sunday 30th January 2022 (Presentation of Christ in the Temple)

10.30am Reepham Whole Benefice Holy Communion *

** Due to increases in covid cases locally, we will not be having a shared lunch after the service, however we will be having coffee and biscuits after the service.*

The Rev'd. Helen Rengert, 01603 879275 revdhelenrww@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)

judith.sweetman@btinternet.com

Email Annie parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events **TWITTER:** RAWTeam

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

**Words of Light and Hope from Sue
Page LLM**

Humility

The theme of Humility is one that is taken up by Jesus on many occasions those who 'exalt themselves will be humbled, and those who humble themselves will be exalted! Awareness of our own poverty, inadequacy, need and therefore dependence on God is key to our understanding of the God's blessings....only when we come to Him empty-handed are we able to receive mercy, restoration, spiritual food and all else that is contained in the promises of God

Sheila Walker BRF

'People must know that God wants them to KNOW him'
'God has more patience with us than we have with ourselves'

Brother Paolo Taizé

When winter is around us, we cannot see the spring;
But still we know,
Despite the snow,
That spring will come one day.

With night-time's darkness round us,
we cannot see the sun;
But still we know,
As shadows go,
That dawn will break next day.

When seeds are sown in spring-time,
we cannot see the flowers;

Bit still we know;
Prepared below,
A flower will greet the day.

Though God is all around us, we cannot see His face;
But still we know.
Our love says so
God lives in every day. **Donald Hilton**

A Thought

Prayer isn't a silver bullet to solve our problems,
Nor a magic wand to make everything turn out well;
It is our lifeline to God, so that whatever happens we and God are in it together. **BRF**

Lord, May we let go of the worries,
resentments and fears
That we can sometimes hold on to so tightly.
May we open our hands and our hearts to receive freely
All the gifts that we need at this time.
We are surrounded by Your Loving Presence, Lord,
But are aware of our fragility and weakness.
Thank you that we can face our shortcomings In your merciful embrace.
"You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore."

Psalms 16 v 11

Words of Light and Hope from Sue Page LLM—continued....

So we have come to know and to believe the love that God has for us.
God is love, and whoever abides in love abides in God, and God abides in him."

1 John 4:16

Luke 4:14-21 *Hear the gospel of our Lord Jesus Christ according to Luke.*

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour." And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, "Today this scripture has been fulfilled in your hearing."

Daily Prayer	Mon	Tues	Wed	Thurs
Morning Prayer	8am Zoom	8am Zoom	8am Zoom	8am Zoom
Evening Prayer		6pm Zoom	6pm Zoom	6pm Zoom

Daily Prayer Zoom joining details Meeting ID: 825 0887 5273 Password: 374589 Dial-in numbers (to join by telephone): 0131 460 1196 / 0203 051 2874 /0203 481 5237 / 0203 481 5240 Dial-in calls cost between 2p-10p per minute depending on your provider, mobiles may be more. Please check before calling.