

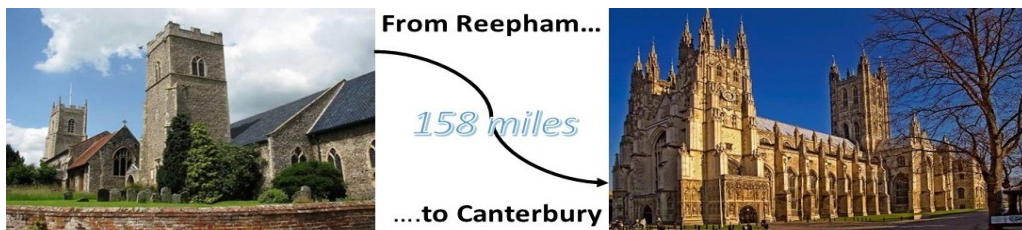
Swannington Play Area Grand Opening and Table Top Sale

Saturday 14th August 10am-3pm at Swannington Play Area. Join us for a family friendly fun day to celebrate the new play area with games, refreshments, tombola and a table top sale. Pitches are £5, contact swannington@btinternet.com to book a space. Donations of cakes to Mary Gurteen 01603 869324. All proceeds to Play Area and St Margaret's Church.

Lyng Church BBQ—Sunday 22nd August, 12.30pm for 1pm, Bramble Cottage, Lyng Easthaugh.

Cost £10 for adults, £5 for children to include a selection of meats, salads, desserts, and tea and coffee. Bring your own drinks and glasses, (plates and cutlery provided. Tickets available from Carol Bringham 01603 872275, Jennifer Abram 01603879452 and Edwin Speakman 01603 872522. All proceeds to St Margaret's Church, Lyng.

Save the date! Saturday 11th September—The Norfolk Churches Trust Sponsored Bike Ride **Saturday 23rd October 2021—Benefice Away Day**



Sponsored Virtual Pilgrimage

in aid of St Mary's and St Michael's Churches, Reepham

"Youth may outrun the old, but not outwit."

Pilgrims are invited to complete these miles by foot or by bicycle within an agreed timescale (up to 6 months). You can start at any time and can ask to be sponsored by the mile, stage or as a one off pledge. Visit the website for more information or collect a pack from the back of St Mary's, Reepham.



Pew Notes

Sunday 8th August (10th Sunday after Trinity)

9am	Bylaugh	Holy Communion (BCP)
9am	Thurning	Holy Communion
10.30am	Reepham	Holy Communion
10.30am	Gt. Witchingham	Holy Communion
10.30am	Elsing	Word and Praise

Wild Messy Church will be returning to Lyng Village Hall on Thursday 2nd September at 2-3.30pm and on Thursday 7th October at 4-5.30pm.

Wild Messy Church is a place for children with their families and carers to get together to share food, friendship, stories, craft activities and games around a particular theme each month. Sessions are free and there is no requirement to book.

Sunday 15th August (11th Sunday after Trinity)

9am	Sparham	Holy Communion
9am	Wood Dalling	Holy Communion
10.30am	Attlebridge	Holy Communion
10.30am	Reepham	Café Church
10.30am	Lyng	Holy Communion
6pm	Salle	Evening Prayer

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)

judith.sweetman@btinternet.com

Email Annie parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events **TWITTER:** RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

Words of Light and Hope
From Sue Page, Licensed Lay
Minister

Jesus, You are always there waiting
for me.

Sometimes I get bogged down
with the concerns of this life.
Grant that I may be still more
often.

To know Your peace, Your calm.

But the silence in the mind

By **R. S. Thomas** (1913 - 2000)

But the silence in the mind
is when we live best, within
listening distance of the silence
we call God. This is the deep
calling to deep of the psalm-
writer, the bottomless ocean.

We launch the armada of
our thoughts on, never arriving.

It is a presence, then,
whose margins are our margins;
that calls us out over our
own fathoms. What to do
but draw a little nearer to
such ubiquity by remaining still?

"Thank you, Lord, for the gift of an-
other week,
in which You call us; to bless our
neighbour,
to welcome the stranger,

to pray for our enemies,
to look after Your world,
to share the Good News of Your
Love,
and to become more like Jesus,
through the power of Your Holy
spirit in us
Amen

Lord, when I am feeling lonely,
Remind me of Your promise,
"You are never alone,
I am with you always,
Yes, to the end of time!"

Sometimes
I get overwhelmed by the cares of
this world.
At times like these may I be aware
of the comfort of your Presence,
Your infinite love for me.

GOSPEL John 6:35. 41-51

Hear the gospel of our Lord Jesus Christ according to John.

Jesus said to the crowd, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?"

Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh."

Calling all riders and walkers! The annual Norfolk Churches Trust Sponsored Bike Ride and Walk is happening! Each parish is invited to enter a team to raise funds for their church, by visiting as many Norfolk churches as they can on **Saturday 11th September.**

So far we have Pam and Jez in Swannington, Rupert, Rachel and Sue in Reepham and Peter and David in Weston Longville who will be raising funds for their churches.

If you are taking part, please do let Annie know (parishofficerwv@gmail.com) and which church you are riding for so that everyone across the benefice can support and sponsor you! The parish team that visits the most churches is in with a chance of winning £100 for their church.



Pump up your tyres, dust off your walking boots, pack a picnic and plan a route from your own door to visit as many of the most beautiful churches in Norfolk as you can. *PLUS you can join with others in your parish to win £1,000 for your church by becoming the parish with the most improved amount of money raised. Simply get sponsored for each building you visit or make a donation - find out more at norfolkchurchestrust.org.uk/bike-ride